

Health and Happiness by Choice Not Chance

Advanced Concepts in Wellness Through Energy

With **Linda Dierks**, founder of Spin Straw to Gold, the second chapter in Linda's life following a career in marketing, public administration and academia. In addition to a BS she is a graduate of Leadership Vermont, the US Chamber of Commerce Institute for Nonprofit Management and the American Society of Trainer and Developers *Train the Trainer* program.

New Thought training includes Law of Attraction & Biology of Belief, HeartMath, Intuitive Energy Diagnosis, the Barbara Brennan and Donna Eden schools of energy healing, meditation, mindfulness, several alternative health modalities and she is currently pursuing a degree as a Practitioner in the Center for Spiritual Living.



"This promises to be a highly effective tool for creating self-empowered wellness and joy. It's fun, it's powerful, it's original, it's innovative."

-- Linda Dierks

Wednesday, February 15th

3:00 pm – 5:00 pm

Gilda's Desert Cities

73555 Alessandro Dr.

Palm Desert, 92260

"A new world unfolds as modern skills and attitudes replace old thoughts and patterns to create tangible change."

Learn how the power of your thoughts and bio-energy exercises shape a life of vibrancy, wellness and joy.

Become the sculptor of your own life.

This event is open to the public.

RSVP: 760-770-5678

www.GildasClubDesertCities.org

